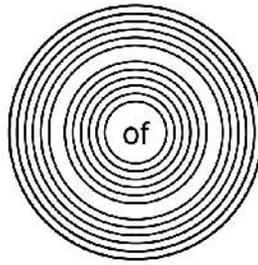


Revelations

The Cosmic Newsletter

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Awareness

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P.O. Box 115, Olympia, Washington 98507
Helping People Become Aware

Celebrating our 41st Year!

2013-5

Issue No. 685
\$3.00



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CAC General Reading. March 16, 2013. Will Berlinghof, Interpreter. Joan Mills, questioner and energizer.

BARACK OBAMA IS NOT THE HIGHLY EVOLVED SPIRITUAL LEADER THAT HE WAS PREVIOUSLY HOPED TO BE

QUESTIONER:

The first one is from LA. "An update from Awareness is requested regarding Obama's mission as a high level being from the higher dimensions and confirmation that he is in fact such." Comments please?

COSMIC AWARENESS:

This Awareness cannot confirm what this individual wishes to be confirmed. There is a note of expectation on the individual's part that President Barack Obama must be a high level spiritual consciousness here to lead the people forward to safety and to take care of the needs of the nation, of the people of the United States of America. There has been much spoken on this not only by this Awareness but other sources that channel information and these sources have often stated that President Barack Obama is a highly evolved spiritual source here to guide the nation forward at this trying time.

Unfortunately this Awareness cannot say that this is so in the way that others are presenting it, for It looks rather at the actions of the individual and not simply at the nature of a wish fulfillment by those who would wish him to be this highly evolved spiritual being. His actions of late, and indeed during his whole first term of office, have indicated not a high level spiritual being but one who is in the pocket of those who hold the true power in the world and in your nation.

Obama Has Defied the Constitution of The USA

His actions have even defied the Constitution of the United States of America itself. He involved the nation in a military action in the country known as Libya without consulting Congress and in this he defied the Constitution. He acted in a dictatorial manner. Even your Supreme Court has ruled that he acted unconstitutionally and that he could be impeached for these actions and other actions that he has carried out. A hallmark of his presidency is that he has evoked executive order more often than any other president in the history of the United States, and that this does not require the sanctioning or approval of the government of the United States, of either the Congress or the Senate.

These are more the actions of a dictator rather than an individual elected by the people, for the people. He is known to be a bully amongst members of the Congress and the Senate and there have been actions taken against others, for example Hillary Clinton that evidence this. Many do not respect the man who are themselves Congressmen and women, senators and members of the government, for they know the truth of his presidency more than the people of the United States may, who simply see him on the evening news where he is presented in such a way that it is hopefully complementary, unless of course you are watching Fox news.

The Fox news Channel is mainly a Republican organization and they do not see him in a favorable light. Another byproduct of his presidency is the extreme polarization that has occurred through his first

presidency and into the second term of office, and this polarization of the nation is getting more and more extreme. Furthermore this individual is also involved in acts of duplicity and deceit against the American people. For many months, even years in his first term of office, he was asked to produce a birth certificate proving that he was born an American citizen on the soils of America in Hawaii. This was not forthcoming for many months, even years, but eventually a birth certificate was produced. This was analyzed by many experts and was declared as fraudulent.

Recently before his inauguration as the president, the chief registrar in Hawaii also declared officially that the birth certificate that had been presented was fraudulent and was not issued in Hawaii. Yet this man went on to be inaugurated despite evidence proving that he was not an American citizen, and that he was not born in the territories of the United States of America. This means that his entire first term as president and this present term are fraudulent, for the American Constitution itself states that one needs to be born in America, an American citizen, to become the president.

This would also mean that all laws passed by him, executive orders or those that have gone through the Congress and the Senate, even the health bill that went through your legislature, through the highest court of the land, the Supreme Court, even this is a bogus legislation. Are these therefore the actions of a highly evolved, enlightened being? These actions portray the exact opposite. Furthermore, as to the nature of American politics itself – no leader can become the leader of your nation unless they are sanctioned by the power Elite of your country, those who hold true power.

Obama is Nestled the Pocket of the Elite

The individual Barack Obama was approached many years ago to assume a role that would eventually bring him to power, to the highest office of the President of the United States of America. He was wooed to this and he chose to go this direction. His wife Michelle Obama was also one who has connections through her own law career to those ones in power, and the two together were convinced that this was the best way to go, that they would have the best rewards by being the servants to those in power. This they became.

The president himself, before he ever became president, was also seen to partake in the Bilderberger conferences along with Hillary Clinton. The Bilderberger group has long been known to be kingmakers and many leaders around the world, including Tony Blair, the former Prime Minister of the United Kingdom, including Stephen Harper, the present Prime Minister of Canada, were known to have gone to Bilderberger meetings where they were told the plans of putting them in power.

The individual Barack Obama was also told that there were plans for him and Hillary Clinton to both become presidents at various stages. The plan originally was to have Hillary Clinton as the first female president and she would then be followed by Barack Obama. But due to political infighting through a schism in the Democratic Party itself, plans altered during the presidential elections of 2008 and instead of Hillary Clinton becoming the first female president of the United States, Barack Obama who was to follow later, was hoisted onto the Democratic Party.

Infighting and Backstabbing Amongst the Democrats

Much infighting behind the scenes, and backstabbing did take place. It was a very nasty and vicious power play that eventually saw Barack Obama being the elected leader of the Democratic Party, something that Hillary Clinton would not accept for the longest time, which is why she held on for so long. Indeed her being offered the post of Secretary of State was somewhat of a carrot offered after the fact to bring the ranks together again. But even here there was dissension and tension between Barack Obama and Hillary Clinton and later events in her capacity as foreign secretary can be seen now to indicate the tension that existed there between them.

As to Barack Obama being a highly evolved spiritual being that is here to guide the people of the United States, to lead America forward, the evidence does not show this and when one truly looks at the evidence of the actions of the President of the United States one cannot say that they are the actions of an evolved being. The evidence further shows duplicity and deceit, and therefore to wish to have it confirmed, to wish that this Awareness confirms that the president is one who is the evolved soul that others claim him to be is not that which this Awareness can do.

This Awareness has always said that there is a *potential* for this man to rise up but he would have to be of great courage, and would have to stand in the face of those who are the controllers and declare himself. He is aware that when he does so his life may well be forfeit, for they have also shown him that should he ever oppose them, should he ever turn on them, that his family would be murdered. His wife, his children, even the family dog, his mother and others close to him would be murdered and that he too would also be killed as a result of his betrayal.

However if he were to stay on board to play the game he would gain tremendously. He would have personal wealth and power, and he would be a figure of prominence in the world and would have fame as well. This proved to be a much more lucrative path for this individual to follow and therefore he has followed a path of self-interest and not a path that is a path of high service to the people of the United States of America. Many of these details are there for individuals to look at and to truly be open to receive if they are willing.

Many Would Rather Believe the Fantasy

But this Awareness sees that many in the United States would rather believe the fantasy projected at them by other sources than this Awareness—that this is a highly evolved being, even perhaps the reincarnation of President Abraham Lincoln and that he is here to take the Afro-Americans and the poor and the downtrodden back up to where they belong—he is here to lead the nation forward to high spiritually evolved states of consciousness and awareness.

Many of those who channel these predictions, these statements of his high spiritual nature and from where it comes and who he may have been, are often those who are under direct manipulation and control by organizations such as the CIA, and this has been put out to appease many, and to make many believe that President Barack Obama is indeed a nice guy, a truly gifted leader with the highest intent for the people of the United States of America. Those who believe this and wish to have it confirmed do not necessarily look at the truth of the situation, or at the actions of this man. It is because they know that what is needed is a

high spiritually evolved being that will take the United States forward, and that this man who is now the president is not showing himself to be such.

His actions, as this Awareness has already stated, are proving the opposite. This Awareness has also in the past said that there is a possibility that he could assume such a role if he was ever freed from his political handlers, and if the marionette cords that are used to play him are cut and severed, then there may be a chance that he might finally rise up and take charge and control. But he would also then have to stand in front of the people, admitting the actions he has already carried out and already passed in his executive orders that are against the United States and the people of America.

He would have to have the courage to face the backlash of the many who would be disappointed and disillusioned by the truth of his actions, and this may well disqualify him from being an effective leader for the people of America. He may have the potential, but this does not necessarily mean that it will be actualized, but that this Awareness at least can say that there is a potential for greatness in this man, but unfortunately it is not seen by this Awareness that he will step into this greatness.

He is more an agent for those dark ones, the cabal that have true power still but who are starting to come apart at the seams. Therefore this Awareness would say to one and all, “Do not look to President Barack Obama to be the Savior.” Even though there might be some potential there, he would have to face his own demons first. He would have to have the courage to stand up and accept the consequences of the actions he has carried out in his terms of office, and it would need to be a man who had a transformational experience that has taken him away from the dark path and put him back on the path of Light, which he is not on at this time.

Many will be Angered by the Words of this Awareness

This Awareness is aware that many will be very angry at the words of this Awareness, and will be disappointed that this Awareness cannot see the greatness of this man and his truly evolved being. But this Awareness cannot confirm that President Obama is of that highly enlightened status here to lead the people of America forward. It can only say, “Look at the past actions of this man, look at the present actions of this man, look at what he gains by being a puppet to the regime of power, and look at the evidence that is there, especially at this time as he tries to manipulate the American people in gun legislation with orchestrated events such as Sandy Hook that he has much information and knowledge of, and yet stands in front of the television cameras and proclaims the need for the gun registration and control, knowing that if Americans give up their guns they will be even more targets for the foreign powers that are currently in your land, to the plans of the Powers That Be.”

If, after this, one would still hold that this individual is of the highest nature with the sacred task of moving the nation forward, of being the Messiah and the shepherd of the American people, leading them to the promised land – that if this is what one still wishes to believe then Awareness simply says, “Please believe what you will!”

The evidence suggests otherwise, but one and all are free to believe that Barack Obama, the current president of the United States, is the Savior for the United States. This would put this matter outside of

themselves yet again and not put the responsibility on each and every individual to look at the situation clearly, to ask questions, and to demand the truth.

Take Responsibility and Be Willing to Look at the Truth

It is only once one takes responsibility and is willing to look at the truth of the situation that one can see the truth and then one can be guided in their actions. Look not to the President of the United States to be the leader, but look within yourself to find leadership that lies within, free of the political machinations, free of the sham of politics that is current in your nation. Then you will see that the route to true democracy and true freedom lies not in the hands of another who is deceitful but rather is the responsibility of each and every being in the nation that is the United States of America.

When one takes responsibility for their own freedom and will not tolerate the gross injustice that governs your land at this time, then and only then will actions be taken by individuals that will unite them as a true force, the true force of the people, and then the people will finally rise up and demand true democracy, true freedom, and true liberty. This completes this answer at this time.

Editor's Note: March 26th Obama signs Monsanto Protection Act into law while millions of Americans sit before their TV and wonder about Kim Kardashian's new wardrobe.

THE REAL PURPOSE OF GUN REGISTRATION

QUESTIONER:

“Thank you. Is the real purpose of the gun registration for the government to have access to the names and addresses of those owning guns if and when the time for seizure of weapons comes about? Is that the true purpose?”

COSMIC AWARENESS:

It is one of the purposes; it would not be correct to say it is the *true* purpose. It is one goal that would be met, for if the government agencies have the names and addresses of those who legally own guns they could go to these addresses and these persons first of all and confiscate their weapons and arrest those who legally owned and registered their weapons.

Another reason or purpose for gun registration and gun control is that it would put certain weapons out of the hands of the masses. Rapid fire weapons, for example, for these can be quite deadly if there was a situation where the illegitimate government did try to take control of the nation openly. Also there are many who own weapons at this time, and the amount of private ownership of weapons is great enough that it would constitute a threat to the plans of those in power who wish to totally enslave the people of the United States.

Those who have arms are much harder to enslave than those who have none, and therefore the true nature of gun control and confiscation of weapons is so that those who have the weapons – this would be of course the government forces, the United Nations forces that are in America at this time – would have little or no opposition. Furthermore there could be no threat of an uprising if the weapons used for such an uprising have been confiscated and those who owned the weapons have been removed to concentration camps where they would be eliminated.

These are all the more insidious purposes of gun registration and control. You cannot have a force in a nation of free people who own weapons more than the government agencies and forces, for if you *did* have such a situation as is currently the case, then it would be very hard to impose dictatorial or tyrannical rulership over a people. These are additional reasons why gun registration and gun control are being forced upon the people of the United States at this time.

Furthermore the alleged Sandy Hook massacre, the Aurora theater and other events are events that were manufactured to create an atmosphere in the people that enough is enough. When children are slaughtered this creates a situation of repulsion, an anger of the people that the children should not be so slaughtered. But unfortunately this is a manufactured event, staged and carried out by the very people who would take the power of the people away from them, by those government agencies and political organizations that are in power and those who are beyond even the recognized political government of the land.

These long-standing events had even been advertised in movies such as the Batman movie where the name Sandy Hook and Aurora were shown in a segment of the film. But there are other indications, other evidences that are also available that show that these manufactured events, as shocking as they may have been, are all part of a master plan to disarm the people of the United States of America and to remove the threat of opposition to the plans that have long been drawn up by the Powers That Be and are now ready to be acted upon. This completes this answer.

This Awareness would ask if this is sufficient to the answer of the question?

Stand Up and Fight, or Rise Up In Consciousness and Move on?

QUESTIONER:

Yes it is and it brings to mind the warning of some people in Russia that have mentioned not to give up the weapons, not to have them registered, and explained what had happened to their own people when this had happened, and it brings the point home exactly, doesn't it?

COSMIC AWARENESS:

Indeed it does and many will not comply, many will not register their weapons. This Awareness must also state here that unfortunately in this case the use of weapons may be what ensures the freedom and liberty of the people, but it is not necessarily an action that indicates higher levels of consciousness. There are two different matters here—one where entities will stand up and fight against those destroyers of liberty and freedom, those who would enslave the people; and one where entities rise up in consciousness and move beyond such matters.

At this stage it is seen that the majority of those in America are at a level of consciousness where an armed resistance would be favored to the harder route of raising one's consciousness and awareness beyond the parameters of armed resistance, but this is another discussion that this Awareness will not entertain at this moment but is available to discuss at another time.

The Story Behind NESARA

QUESTIONER:

Yes, thank you. It brings a lot of questions to the fore, thank you very much for that. “The other part of the question here is—an update is requested regarding NESARA, which supposedly is not the National Economic Stabilization and Recovery Act promoted by the US government, but NESARA is really no less than world transformation and spiritual renewal. It is the master plan for this Earth's golden age.” Is this so please?

COSMIC AWARENESS:

This is not so. That the organization known as NESARA has been deceitful for many years, has often predicted changes, and has often stated actions that would be taken. While George W. Bush was president, NESARA declared several times over that he had been given ultimatums to resign or that he would be impeached. This Awareness asks was George W. Bush impeached? Did he resign? He did not.

NESARA declared many years ago that mortgages would be dropped. Then the world trade buildings were destroyed, 9/11 occurred. The mortgages that were promised by NESARA to be dropped were never dropped and their excuse at that time was that the offices of the ones who were leading this were in the world trade buildings and had been destroyed—all the paperwork, all the computers and the programs to make this so were destroyed on that day.

NESARA has been involved in deceitful actions and is actually a front for certain agencies of the American government that are meant to hook those who are looking to spiritual evolution as a way forward, and who are looking for those who will take actions and be the protectors, be the ones who spearhead this action of spiritually enlightened beings who are making a difference. Unfortunately, this Awareness cannot say NESARA is making a difference. It is simply an organization with the purpose of misleading many naïve spiritual beings who are not accepting the responsibility to take action and would rather have another, or another organization be the one that delivers pretty promises that are wonderful to hope will manifest, but never have.

Again, this Awareness would ask individuals to look at the evidence, to look at that which has not occurred despite many promises and predictions of NESARA over the last number of years. Ultimately one must finally awaken to the truth of the situation involving NESARA. It is simply is not what it pretends to be. It is that simple.

WHAT IS BEHIND THE KESHE FOUNDATION?

Controversial Alien Technology

QUESTIONER:

Thank you for that information. Okay, we carry on with another from LL. “It concerns Belgium, the Belgium-based Keshe foundation. Anyway, a letter to President Obama published by the Keshe foundation in August 2012 offers a plan towards real peace through the development of new technology for the whole human race using advanced technological know-how, with an invitation to the president and his cabinet to consider such. Would you please discuss the Belgium-based Keshe foundation, which was

founded on the proprietary plasma reactor technology with Iranian born physicist M.T. Keshe? Would it be possible the bottom line response to this invitation to President Obama to be favorable and beneficial?” Your observations please?

COSMIC AWARENESS:

The Keshe organization, while based in Belgium, is also very active in Iran and the Keshe technology has been developed that can in actuality defend Iran and defuse the American threat to Iran. This Awareness says the “American” threat, for use of such weaponry as drones and other weapons that the Americans and the Allies have can be neutralized by this technology. It is one of the reasons that Iran has been placed on a list of nations opposing the Democratic order, who have been labeled by President George Bush as one of the three Axis of Evil, North Korea being another as well.

The North Koreans also at this time are saber rattling but Iran is not saber rattling here. Iran actually has this advanced technology now that is based on extraterrestrial technology, at its command, and it is known by the corrupted nations that are in power that these weapons they have, or perhaps more accurately, the defense against standard weapons, even nuclear weapons is a real event that is so.

Iran can defuse not only over the air space of Iran, drone planes or even missiles but can do so anywhere in the world. The Belgium wing of the Iranian organization, the Keshe foundation, is that which has made overtures to not only President Obama but to all the Western leaders in the world. To date it is not seen by this Awareness that there has been a positive response. Indeed it is seen that there has been no response at all and no interest but that of contempt shown to the Keshe foundation.

This Awareness would add that there is in actuality concern amongst the Powers That Be because their weapons can be negated by the technologies that the Keshe foundation has, that Iran has, and there are plans to destroy the foundation and to paint Iran further as an enemy of democracy. It is even seen that there are certain plans to discredit the organization in Belgium itself. This needs to be watched over the next several months, but at this time it is not seen that America or President Barack Obama will respond favorably at all to these offers. This again is an indicator that the current president is not what many would wish him to be, for had he been, and if he *were* the enlightened spiritual being, he would have pursued the matter already, but nothing has come of it at all.

QUESTIONER:

Pity, that's too bad. Is there additional?

COSMIC AWARENESS:

This Awareness would simply add that this does not mean that this technology will not serve a higher purpose down the road. It simply can show yet again through the actions – or even in this case the *lack* of actions of the president and his office, of the government of the United States – to the truth of the situation and not to the fantasy that the president is of such a high nature and that he will respond favorably. He has not, and is not seen that he will respond favorably, for this technology would give freedom to the masses, not take it away, and as it is the plan and purpose to take freedom away, to take the weapons away, why would

a government endorse such weaponry or such technology to defeat that which is the weapons of mass destruction or oppression?

Therefore, again the lack of actions on this matter is indicative of the true status of the president and the government and whom they truly serve and not that, which would be the wish fulfillment of those who see President Obama in the most wondrous, wonderful of lights. The actions, again, speak louder than words, or even in this case, no words.

GRASS ROOTS MOVEMENT IN NEW HAMPSHIRE

QUESTIONER:

Thank you for that one. We have one from SM. "The background to this question is offered. A three state project is currently taking place in New Hampshire, basically a plan to attract 20,000+ liberty lovers to the state to help work towards limited government and more freedom through any way an entity feels comfortable. Some people believe in getting involved politically through the state and local government to help get bills passed and those that do not promote freedom, repealed.

Others believe in conducting civil disobedience, frustrating law enforcement by ignoring victimless crime laws, clogging up the legal system, protesting and attracting publicity in that fashion through public display of defiance. Still others do nothing except exist, live and spread the words of liberty on a grass-roots level. There are approximately 2000 members within the state already, with approximately 15,000 signed up as committed to join once the 20,000 goal is reached." Your comments please?

Standing Up and Being Counted

COSMIC AWARENESS:

This is seen to be indicative of the type of rising consciousness that is taking responsibility now. These are individuals who are no longer saying that the president of the United States must lead us forward or that a political party based on old, tired terms and conditions would be that which would lead us forward. These are individuals who are standing up and saying. "We must do something! We the people must object and act on that which are our true premises of faith and understanding of what personal freedom, and what democracy is truly about."

It is seen this grassroots action will indeed spread, and is already beginning to spread. This also has much to do with the new level of consciousness that is now percolating within human consciousness. It will bring to the surface many who believe that it is the responsibility of the individuals now to step into their power and authority, and not simply be compliant to outside agencies that lead them and to make their lives safe and secure.

This grassroots organization began with the oppositional movement in 2010, with the taking of the parks and the standing up to the powers of the nation. It continues on. The ones who are most concerned here are individuals who have finally realized that only when one takes responsibility and one starts to act upon their sense of responsibility can change truly occur, and it must come from the grassroots level and not the levels above.

The End of the Old Hierarchical Order

The old hierarchical order must change. This hierarchical order is often presented as a pyramid of power with the Elites, the Powers That Be, at the very top and the masses at the bottom. But what the masses must awaken to, individual by individual, is that when they remove themselves from the base, the pyramid will start to crumble, the power structure will come down. That is why this Awareness has always stated that one must begin within oneself, one must take responsibility for bringing freedom into their lives first at the most personal of levels, and then at the extreme levels, which would have to do with their environment, their reality of life.

As individuals step into these roles and join together in concerted actions, the base that the pyramid once rested upon is removed and the pyramid of power will crumble. But if many do not stand up and take action nothing can change. At this time in particular it is important to recognize there is a new wave of consciousness that is starting to swell up. It began in the occupation movement several years ago but it is also very much the basic nature of America – that spirit of freedom and democracy that the forefathers fought for, and that they laid their lives down for.

In the new energies of consciousness that are beginning to flow at this time many are rekindling that original spirit of true patriotism, true liberty and justice and freedom, and these ones who are now standing up who are engaging in these actions, and are showing the way. It is up to each and every individual to determine for themselves whether they wish to be part of the solution or part of the problem.

QUESTIONER:

There is one extra question here. "Does Awareness see this as a viable means for achieving liberty in our lifetime?" Your thoughts please?

A Viable means for Achieving Liberty and Freedom in Your Lifetime

COSMIC AWARENESS:

Indeed this Awareness sees this as a viable means for achieving liberty, for achieving freedom in your lifetime, but only if you stand up, only if you partake. It is not good enough any longer to let others do it because you do not wish to be inconvenienced, because you are afraid someone will think of you badly or even that the government will put you on a list. You are already *on* a list. *All* are on lists and it is now a matter of standing up and taking your name off the list, even if this can in some ways seemingly be a dangerous action to take.

Playing it safe will not gain liberty or freedom, but at the same time one must always do what is correct for the individual and if one is not compelled to partake in such actions then one must do what one feels or believes is correct and right. They will experience the consequences; each of course always experiences the consequences of their action or lack of action, but this Awareness does say that those who are now standing up, those who will no longer accept what has been the norm—the structure of power up till now—who are standing up and saying, "No longer! We must take control! We the people must be the ones who show the way forward, the ones who take action."

Start from Inside and Progress Outward

This is the way forward; this is the way to dismantle those who are in power and to put true power back

once again in the hands of the people and of the individual. This action must always start from the individual level, from one's own personal place and space and progress outward. It will never work when one goes outward and assumes those on the outside will ensure liberty and justice for one, and will bring freedom and prosperity to one. When all begin to truly understand this then there will be a radical shift in society indeed.

QUESTIONER:

That's really something for them to look forward to! It will be worthwhile for them.

COSMIC AWARENESS:

It would indeed as well, as it would show each and every individual that *they* are the power, not the forces of the Powers That Be, not the governments, and not the agencies of deceit and corruption.

The Book Our Universal Spirit Journey by George Kavassilas

QUESTIONER:

That's exactly true. That was excellent by the way, thank you. "This relates to a book that CS had read entitled 'Our Universal Spirit Journey' by George Kavassilas, wherein he discusses the creation of synthetic universes by the 'gods'." Would Awareness please comment on these synthetic universes? He has written a brief summary, brief but there are several paragraphs.

"The creator gods of that time had an original portfolio to create challenges in the lower dimensions for us, for that would give us the greatest experience possible within this Universe of Light, but they fell short. It wasn't hard enough. So others were invited in to do the job. Some of the gods did not like this and decided they knew best, that they could still create something better. They proceeded to create a synthetic universe right beside our first to the 4th dimension." Shall I carry on?

COSMIC AWARENESS:

This Awareness would comment now. Largely this Awareness does not see the relevancy of this book or what it offers. It is synthetic. Therefore this Awareness cannot support this book and does not recommend it as one that is held as the truth behind creation and the purpose for creating a dualistic reality at this time. This Awareness simply cannot see the relevancy of this particular book and it is seen that it is more of a distraction than an attraction to higher levels of truth and understanding of Spirit.

This Awareness would ask to bring this session to completion today.

CAC General Reading March 26, 2013. Will Berlinghof, Interpreter. Joan Mills, questioner and energizer.



MANIFESTING IN THE 3RD DIMENSION: IT TAKES BABY STEPS BEFORE ONE CAN MAKES MIRACLES

QUESTIONER:

The Law of Love and the Law of Light have been invoked. Is there an opening message or any event you wish to discuss, Awareness?

COSMIC AWARENESS:

This Awareness does have an opening message today. It says to all that it is now over four months since the event that was the Mass Ascension in consciousness that occurred on December 21, 2012. By now many are seeing subtle changes in their lives, are experiencing energies different to what once was but not yet in full completion to what will be. Many are still suffering aches and pains, are still quite exhausted often, and feel that the energies around them are often chaotic and unsettled, but this is simply a reflection of the underlying shifts that are occurring.

The aches and pains and physical ailments that many are feeling are part of the structural changes in the body at the subatomic levels as well as the basic levels of the human constitution. The DNA is changing, and that which is often referred to as crystalline structure is being implemented but all at levels that are deep within the physicality of one's being and are not necessarily recordable or noticeable in physical tests and procedures. Yet these changes themselves evoke the need for much rest, as well as the aches and pains that are experienced by many. This Awareness has spoken of these aches and pains, these miasms in the past, and it is still part of the ongoing process as the new body and the new consciousness are being developed.

This Awareness has spoken of that which is a 9-month period of time for the major shifts to occur within the developing body of those who are at the higher levels of consciousness. This is not a situation that marks one as better than anyone else, it is simply that those who are of a higher spiritual nature have elected to be here at this time, but are still going through the actual physical ramifications that are present as they journey through this developmental stage.

The soul has always known what lay ahead. It was reviewed on December 21st and those who were still committed to being part of the new developmental process in consciousness did elect to reenter physicality and its physical laws and its physical form and structure. Part of the physical still is that which is the time delay that is experienced in physicality. Thus it is that while many are going through a developmental process, while many are starting to awaken to their deeper spiritual natures and it is becoming for them more obvious, still there is that time delay that occurs that is part of the paradigm of existence of the physical, dualistic dimensional reality, 3rd dimensional reality that must be endured.

Thus it is that many are still not seeing instantaneous changes in their lives, but rather seem to be dragging themselves through the quagmire of physicality that they are immersed in. This quagmire is the density of 3rd dimensionality, and for those of a higher spiritual inclination or awareness, it is often a very frustrating experience to have a realization of one's higher nature and yet still not see the evidence around

them of it being so. Yet, as this Awareness has spoken, more and more are starting to see evidence beginning to present itself now. More often than not this evidence will still present itself at the mundane level. By this it is indicated or meant that for many it is not grand manifestation that is being experienced instantaneously, but small-scale manifestation happening within the 3rd dimensional structure that is the reality of this dualistic, physical plane of existence.

Thus it is that sometimes the manifestations seem somewhat trite and obvious and not at all seem to be manifesting from the inner plane. The Interpreter and his wife recently went through a move where they relocated into a new and larger house. This house manifested itself very quickly in terms of being available. It manifested itself in 24 hours, within even 24 hours of their first being aware that a move may be imminent. This was explained to them by another who herself is a highly spiritually aware, available being, and in her discussion with the Interpreter and his wife Callista it was mentioned that the couple would need to be ready for a move that might come quickly.

The house became available the next day and they were able to procure the house for their move, but it did still take six weeks before the house was freed up from the original tenants, who needed that time to find new accommodations. Thus even though they manifested the house within 24 hours as that which would be available for them, in the physical it did still take six weeks before they moved to the house. Further to this, once they occupied the house, indeed even before they moved to the house, they started to acquire the extra furniture that would be needed. Often it would present itself again within 24 hours of their determining what was needed and then would be available.

This was recently shared by the Interpreter in a personal message to the membership, and yet there were those who berated the Interpreter and were dismissive of this type of manifestation, for they thought it was not at a high quality or high level. Yet this Awareness is indeed presenting the thoughts here that are to help one and all recognize that you still exist in the 3rd dimensional physical reality, and while it is seen that the way forward will lead to a new epoch of consciousness, a new way of things and how they are brought into one's life, how they are manifested through one's creative powers and energies, it is still not yet the case that it is so.

You Have Always Created from the Inner Realms

In other words, as this developmental process proceeds one must be patient, for the old form is still in play. One *always* created from the inner realm and then it would go through the strata, the layers, and the levels of physicality until it was formulated in the physical. This would often take days, weeks, months and years but it is how manifestation has always taken place in the physical.

All begins with the thought, the knowing, the image, the wish, and then will proceed through the physical rules for such manifestation to occur, until it finally manifests in the physical. This process is now quickening and is speeding up but it is still subject to the old rules that are in transition themselves. Thus at this time many will begin now to see they are bringing into their lives that which is their thought, their image, and their wish, but it may not appear instantly. It may not appear in a grand way. It will appear through the mundane channels that have so long been in effect but will now begin to quicken, and accelerate.

Thus as the Interpreter and his wife focused on what was needed, it was presented to them quickly enough, and this truly is the manifestation process, the coming from a higher spiritual conscious awareness of what is available, how it can be done and seeing it occur. This Awareness recommends to one and all that they truly look at their lives now and realize how they are manifesting, how they have always manifested from the inner state of consciousness, and to take greater responsibility for what they are manifesting, and what they are wishing for.

This Awareness has so often spoken of the need to look within oneself, to realize that all begins from within in connection to one's higher spiritual nature and does not start from outside of oneself. One does not look to the outside evidence in order to substantiate the proof that they are spiritual beings, for as long as one holds any negativity, any objection to the powers that they hold within themselves, the power of being a creator being—if one is waiting for the evidence first, then one will not proceed with awareness or understanding to the true conceptualization and realization that *they* are creating all that they experience outside of themselves, even if it is still presenting itself in the mundane way or after a delay of time.

The energies are shifting and are moving toward that which will be instant manifestation but not until one has truly accepted this as their inner knowing, the knowing that it is so. At this time many have doubts still, many are waiting for that outside evidence, which is somewhat like putting the cart before the horse and expecting it to move. One must put the horse in front of the cart, one must attach it to the cart and then one can indeed use the horse and cart to move forward. This movement that is unfolding at this time towards this type of way of moving in unity with the higher, inner planes of consciousness, is underway.

To assume it is not is again to dwell in negativity and objectivity, objecting to that which should be so because they want it to be so. This is an important point because if one is not prepared to take responsibility for their own thoughts, their own imaging, their own wish process and one expects it to be given to them, one will not necessarily experience to the fullest degree a positive outlook or positive manifestation of what they think they want, but rather it will be influenced by their negativity.

As one grows more positive and more responsible to looking inwardly to see where they are, their own blocks and barriers, where their own negativity and lack of trust and lack of faith are impairing the process, and when one does something about this, then the shifts that will be noticed will be far more positive and sustaining. This Awareness *does* recommend at this time, halfway through that 9-month period, that all realize now that they truly are the creator beings and are creating still in the mundane world, which will continue on even after the 9-month period of self development and self-awareness is complete.

Dare to Believe You May Actually be the Initiator of Your Reality!

As one takes responsibility and dares to believe that they may actually be the initiators of their reality, the reality that surrounds them, one will begin to gain more and more evidence of this. One will start to see that what they are asking for is starting to manifest more and more. Furthermore, as one begins to understand that they are in alignment with their higher spiritual purpose, with their soul, with their High Self,

with the Divine Consciousness, one will also begin to realize that it is only when that which is being sought is in accordance to their needs and demands in alignment with the higher consciousness, that the manifestation of that which is required will happen and will happen often quickly, as evidenced by the examples of the manifestation of a new home to live in and furniture for that home that the Interpreter and his wife experienced.

While these may seem to be petty and mundane to some, it is truly the principle of manifestation that is in operation here, and this applies to one and all, to understand that you are creator beings who are creating the reality around you. It is now your choice whether you wish to do so in the Light and in the positive stance of Spirit manifesting Itself in physicality, or if you would still prefer to be a dissenter, a naysayer and objector to that which is your divine nature.

It is Time to Come to a Deep Understanding of Who You Are and What You are Capable of Doing

This is the period of time where it is essential to come to a deep understanding of who you are, where you come from, what you are capable of doing and being. This Awareness does say to one and all that It recognizes you all as creator beings and asks now that you take responsibility for what you are creating. The energies of Divine Consciousness have descended down into 3rd dimensionality and are far more accessible than they have ever been before and will continue to build, but this is a very initial stage yet and patience is required. With patience and with the acceptance of one's responsibility to initiate in their lives that which is their higher calling and their higher being, that one and all will truly see that the Ascension process is still underway, and was initiated on December 21, 2012 when there was the Ascension event that occurred at the higher level of consciousness outside the physicality of this dualistic third dimension. As one sees the evidence presenting itself it will become easier to trust that it is so and that life is not what it once was. This completes the opening message at this time.

THE MIDDLE SELF AND ITS ASTRAL TRAVELS

QUESTIONER:

Thank you. The first one is from PE. There are six questions in all and all are interrelated. The first one concerns the middle self and the low self. He writes "When an entity goes to sleep and the middle self travels in the astral, are there two sets of memories being generated, those of the middle self and those of the low self which is still in the body? If so, what happens to those memories? In other words, where are they stored and why can't the middle self access them when it awakens? I seem to remember Awareness saying that an entity can ask to remember astral travel in the same way it can ask to remember dreams, but is it asking the low self? Does the low self store two sets of memories after each period of sleep? Or do the memories of the middle self somehow become discarded when it reenters the body, unless the middle self has previously asked the low self to retain them." Your thoughts please?

The Way the Low Self Dreams

COSMIC AWARENESS:

This Awareness would start by first stating that the low self does not dream in the same way, for it is responsible for the maintenance of the body during the sleep cycle. Therefore it regulates the autonomic nervous system; it keeps the body breathing, it keeps the heart pumping, it takes care of the elimination needs of the digestive system and whatever else the body needs to do during a sleep cycle. The sleep cycle for the low self is a restoration period where the body can restore its vitality and its energies, can do repairs where possible and on the whole the low self does not sleep in the same way as the body, as it is monitoring the body but it is also a period when it does rest, even though it has the many functions it has to take care of.

The middle self does leave the body in the sense that it does not need to stay in the form of the body that houses it during the waking state. What has been called astral projection by the questioner is actually the body's journeying outside of physicality, where it is no longer contained or constrained by physical rules and laws. In the interpretation of this Awareness, astral projecting is that which most people know as dreaming, for they do not distinguish their experiences once the middle self has left the body as to that which is astral projection and that which is dreaming.

For most who are unaware, they simply think that when the sleep cycle begins and they dream it is all simply fantasy. All human beings, and this Awareness will emphasize and repeat this; all human beings dream, and all middle selves leave the physical body for a space of time. It is not the entire period of the dream sleep cycle where they leave. Scientists have even proven when dreaming occurs through Rapid Eye Movement that is traced under the eyelids of one who is asleep.

It is during those periods of time when REM sleep is attained that the middle self is most disconnected from the body, and it is somewhat reflective of the body's attempt to view what is being seen by the mind of the middle self. Thus there still is a link between REM sleep experiences that the middle self is having, which are at lower levels of the dimensional states of consciousness to the body itself. Hence the movements of the eyes, as the scenes are being scanned that are being viewed by the middle-self mind consciousness.

The deeper experience of going back into 5th dimensional consciousness, or 5th dimensionality, is experienced beyond REM sleep at the level of consciousness known as Delta consciousness. Scientists largely believe that nothing is occurring at that deep state of sleep and that there is no activity of the mind, but this Awareness suggests that it is exactly during Delta sleep when the middle-self mind consciousness exceeds the lower strata of experience that is relevant during REM sleep that it is still in connection to the body somewhat.

At this deep state is when the middle self truly reconnects with its spiritual group soul, where it has experiences of being reunited with the soul family, where education and instruction occur, where work is done that is the soul's work. But because this is at such a deep level very few remember these experiences.

Therefore this Awareness would agree somewhat that there are two levels of dreaming; but not the low self having one type of dreaming experience and the

middle self another. It is rather that the middle-self mind consciousness can move between two levels of consciousness when it is outside of the body.

Many may remember the lower strata dreams for they are closer to the surface, especially upon awakening and these are those that most consider as one's dreams. It is harder to remember the experiences that the middle self has in the Delta state of consciousness when it is back in its 5th dimensional form partaking in the 5th dimensional activities that it is party to and part of. These would be the two layers or levels of dreaming that this Awareness suggests happen versus what the suggestion was from the questioner. Does this somewhat explain the situation?

QUESTIONER:

Yes it does, definitely. I often wondered! Thank you, he'll be pleased with that one.

The Deeper Delta Levels of Dreaming

COSMIC AWARENESS:

There is more. This Awareness does then say that as the middle-self mind consciousness returns from the deeper experiences outside of the body, outside of physicality, it must return back into a limited and constrained container, the container that is the physical body. The deep layer of the Delta dreaming/Delta experiencing is not necessarily brought back but occasionally it is. Furthermore, the experiences of the dream state are also brought back more often than not and they are contained in the subconscious capacity to remember experiences and events.

These experiences are those experiences often known as dreams and dreaming, and as this Awareness has said, *all* do dream upon leaving the physical host body. But what also happens is that the low self is taught at an early stage whether or not to grant access to the remembrance of the experience that is now stored at the low self conscious level. It is like a super computer that takes in all manner of data, but a program is erected that may limit one from accessing certain data, even though that data is still contained within the memory banks of the supercomputer.

This often occurs in childhood when a child has nightmares. These nightmares often are of such a nature that the child is frightened by them and does not wish to remember them. The low self takes this as a command and therefore learns not to cycle the dreams back to the individual. Thus it is that a majority of human beings at this time do not remember their dreams, not because they are not dreaming, but because their programming is such that the dreams are not elected to be exhibited for review later upon awakening.

Dreams Are Considered Fanciful by Society

Yet there are many who do not have this type of programming. There are those who review the dream with the family at breakfast, for example, and remembrance of the dream is then encouraged. Societal standards are not such that dreaming is given any large priority in one's life – dreams are considered fanciful thoughts and memories occurring while one is sleeping, and thus are not encouraged to be remembered by the majority of individuals nor the institutes that would support or deny such dreaming experiences. Therefore the majority of individuals do not work with the dream, do not acknowledge the dream as anything significant at all.

Yet it is truly during the deep dreaming process and the light dreaming process that many answers are delivered and that one can teach the low self, as this Awareness has in the past suggested, how to remember the dreams. One can ask that the low self be open to restoring the dreams in the morning, and retrieving them. One takes some time in the morning, not to simply jump out of bed and get the day started but to rest, to review and try to remember the dream and dreams of the night. This may take some time but as long as one asks each and every night for the dreams to be remembered and in the morning takes time to reflect on what they can remember, they will indeed start to retrieve the dreams, both those that this Awareness would call light dreams as well even as some of the deeper level dreams, especially if the deep level dreams were experienced just before awakening.

REMEMBERING DREAMS THROUGH HYPNOSIS

QUESTIONER:

Thank you, that was going to be my next question, that's good. I do recall that you had mentioned that before. Thank you. His next question: "Awareness has stated in issue 93-7 that for an entity to become integrated – high, middle and low selves working together – this is one of the most important things that and entity can do. Awareness has also suggested that hypnosis is one method of achieving this, issue 80-22. It seems to me that this would be such a major achievement that the use of hypnotism is almost too easy a solution. Could Awareness please expand on this?" Your thoughts please?

COSMIC AWARENESS:

Hypnosis could indeed be a way that the low self is instructed to cooperate with the middle self and the High Self, but the process and procedure of hypnosis is not one that works with each and every being in the same way. Many think of hypnosis as that which is often considered stage hypnosis or hypnotism. Individuals can be made to do many silly things while in a hypnotized state, not remembering anything when they are brought out of this hypnotized condition. But in truth this level of hypnosis is only effective for approximately 5% of the human population, for the low self is always a monitor of this type of experience.

Thus it is for those who have had the experience of a stage hypnotist, that they will recall that the hypnotist first and foremost does a series of small tests on the audience to find those in the audience that would be open to being hypnotized deeper, part of the 5% of those who will suspend their low self's objection to being hypnotized. These are the ones that then will come onto the stage for the delight and pleasure of the audience, but the majority will not be part of the show. They will enjoy the show but their low selves would not allow them to give over complete and total control.

Therefore when the use of hypnotism is suggested as a way of uniting the low self, the middle self and the High Self, it must be remembered that it must still go through the low self in the first place, and it may object to giving up its power as it sees it and just following the suggestions, the hypnotic, deep suggestion from hypnosis to unite the low self and the High Self with the middle self. This is why, although hypnosis can be of assistance in this matter, it will never be 100% effective for all individuals.

There are more who will start to be open to hypnotic suggestions and may with time allow the process of unification of the three parts to come to fruition but it may not at all be instantaneous. Therefore one *does* need to work with other procedures to educate the low self and not simply rely on hypnosis as the way of achieving this.

The Reeducation of the Low Self

The educational process is a very important aspect of the reeducation of the low self to a higher understanding of itself, and as it becomes more compliant to this elevated understanding of its role and its capacity, it can be persuaded more and more to release its guardianship of the life of each being, each and every being who has a low self, which are all humans, all human beings.

It is a slow process for many and often the low self will simply not cooperate, for it sees this as that which would be the destruction of itself and of the low self ego. One must be diligent in the process and strong and firm as well. This portion of that which is the strength and determination is the middle-self consciousness, as it is the mind-consciousness. It too must go through its own process of dissemination of beliefs and attitudes that are held at the level of the mind, and as it is somewhat asleep in the physical body, awakening when it departs the physical form, it often is misled in the beliefs held in consciousness.

It must be stated here again that the middle self is somewhat asleep in physicality, for to be in the physical form is indeed a very soporific, very heavy and dense experience, and often the true consciousness of the middle self is not fully awake and aware in the waking state, during the daylight state of consciousness, or that which is for most the daytime state of waking consciousness.

Why So Many Think they Are Only Physical Beings

The middle self must also begin to release objections to the higher beliefs and truths that the High Self is continually trying to present to the middle self. The problem is that the High Self must present these new beliefs and these higher beliefs through the low self, which is the gatekeeper to higher consciousness. If the low self is in resistance and denial, if the low self objects and is not instructed by the middle self to be open to the High Self, to open the gateway to the High Self, then often it will not do so and the High Self cannot effectively awaken the middle self or introduce the higher spiritual truths to the middle self.

This is why so many simply think they are physical beings with no understanding or awareness of their higher spiritual nature. They are asleep at the controls and that which is the engine of the ship, and the low self is frozen as well into a belief system that it was programmed to accept and runs automatically through the life of the individual. Luckily this can be altered, it can be changed, and it often occurs when the middle-self mind consciousness becomes aware of other realities, other possibilities and begins to seek them out.

There is often a subconscious process where the low self becomes aware of the need to expand, to open the gates to the High Self, and this begins to occur and the information and design of the High Self begins to trickle through the low self to the middle self. This of course encourages even more search and it becomes the paramount issue for the spiritual seeker to discover more and more spiritual truth, and to become spiritually aware and enlightened.

Along the way there starts to be an awareness that the low self consciousness also needs to be reeducated and reprogrammed, and thus begins the process of the unification of the High Self, low self and middle self. Without instruction or models upon which to base this journey it is a very difficult journey indeed, but luckily again there is the spiritual component and plan that has been laid down for each and every individual—their purpose, and if it is their purpose to truly awaken to one's higher spiritual being then the three aspects of consciousness that constitute each and every human being become activated and work toward attaining the spiritual unification that is the ultimate goal for each and every human being, somewhere along the long, long path of spiritual experience in 3rd dimensionality.

If Often Takes Many Lifetimes of Spiritual Seeking

It is often the accumulation of several lifetimes of such spiritual seeking that truly leads one into the higher experiences of spiritual awakening that are sought by the soul in the physical. Therefore this Awareness can say to one and all that are hearing these words or reading these words, that you are spiritual seekers. Your low self has opened to the awareness that it is the gatekeeper, that it is part of a Triunal composition in consciousness that is a human being. It allows the High Self to communicate through it to the middle self. The middle self is seeking more understanding, awareness and enlightenment and the three aspects are at least unified in intent enough to proceed and progress in spiritual comprehension. As one becomes even more clear on this, that process can accelerate.

The Kahunas Achieved Total Unification of the 3 Selves and Could Do Many Magical Things

At this time, where Divine Consciousness has descended into physicality and is more available, this process of unification, this process of proceeding into higher even more enlightened states of functional awareness is also advancing at this time. Those who are known as Kahunas—those who were the practitioners of the ancient philosophy and alchemical practice that is known as Huna—did achieve total unification of the low self, middle self and High Self and as a result could do many marvelous and miraculous things.

They practiced instant healing, they could walk on lava and embers, they could summon the elements, they could communicate with the creatures around them, and they could do magical things. The state of human consciousness is moving toward such a condition. Many will become what was known as a Kahuna, and many are becoming aware that they can unite these three elements of consciousness: the low self, the High Self, the middle self. In this unified state they can then be open to their higher spiritual nature, become awakened spiritual beings of 5th dimensional consciousness that are playing in 3rd dimensionality. The rules of 3rd dimensionality will fall aside for those who attain this level of heightened awareness or ascended consciousness.

This is that which is occurring at this time, albeit very slowly, even *too* slowly for many. Still this Awareness sees this event from outside the time/space continuum that you find yourself in and it sees it progressing rapidly and even can say It sees it as an accomplished event, even though you are still on the route to experience this accomplishment. The High Self, the low self and the middle self are those parts of your being that this Awareness asks you to get more familiar with, to be open to and to trust.

In this process lies the very core of the Ascension experience and you are all ascended in consciousness at the highest levels, and through the High Self this understanding and awareness is rapidly trickling into the low-self consciousness itself as well as the middle-self consciousness. This completes the answer at this time unless you have more questions for this Awareness.

Various Methods for Communicating With the Low Self

QUESTIONER:

Yes, there are three more. "Awareness has suggested at various times that an entity can communicate with the low self by means of a pendulum, but how does one initiate a verbal conversation with something that has no name? Max Freedom Long suggests you give it a name such as 'George'. The writer Lobsang Rampa also suggests you call it 'George'. But Max Freedom Long also says the low self can object to the name you give it and can refuse to cooperate. Does Awareness have any suggestions as to how to address the low self without causing it to be upset?" Your thoughts, please?

Accepting That You Actually HAVE a Low Self

COSMIC AWARENESS:

The first step here is to even *accept* that one has what is known as the low self in Huna terminology. The low self is also known as the subconscious, and while many are familiar with the term 'subconscious', few think of it as a personality that coexists within them. Therefore from the onset it is a hurdle or obstacle that stops many from ever trying to communicate with the low self. Further to this, the current educational practices around the world and especially in Western nations, do not at all acknowledge that the low self or subconscious can be accessed or that it is of critical importance, and therefore it is not taught in the schools and educational institutes that the low self needs to be considered as particularly important in understanding one's true being.

This of course is both by design and plan as well as due to an arrogant ignorance that exists in human-controlled consciousness at this time. However if one can go beyond this and through one's own journey toward self-realization and awareness one comes to understand that there is the low self or subconscious and that it is important to acknowledge the low self, then one can begin this process of communication.

The Use of the Pendulum For Communicating

The low self itself may not at first respond but one must hold to the course and continue to communicate with the low self. The use of a pendulum was mentioned and this can be a vehicle of communication with the low self and it is a process that this Awareness would recommend for some, even for many without any experience of the low self, as a starting point. One can acquire a pendulum easily enough. One can make such a pendulum using a heavy object on a necklace or string if one wishes. One can buy a crystal pendulum at most metaphysical bookstores, but the point is that one does start with the pendulum as an initial way of communication with the low self if so inclined.

One can ask the low self to establish a yes/no response. By holding the pendulum loosely so that it falls unimpeded and is held with the hand above, the "yes" or "no" answer can be shown by the movement of the pendulum. However even this is fraught with difficulty, in that for some who may think while they are holding the pendulum that it is foolishness, that it is silly, that they will not get an answer – they are already engaging in a blocking activity. One must be totally open and available to the process. Otherwise the low self will not respond.

A typical way is that the low self, in the movement of the fingers and hand ever so slightly, will cause the pendulum to swing back and forward or back side to side. One asks the question to be shown a "yes" answer or movement and then a "no" answer or movement and then perhaps a movement that indicates that a "maybe" is the answer. This is very basic indeed and a very basic process to communicate with the low self. But for many it will be a revelation that they actually can use the pendulum, that there may actually be a response. This is the initial procedure for many if they are so inclined, but this Awareness does ask one and all to realize it is but a beginning step, it is not the complete step or a permanent way of dealing with the low self.

For those who are more interested in working with a pendulum there are many books available, information on the internet, that would explain how to work with the pendulum, and what type of pendulum to purchase, etc. etc. But this Awareness simply wishes more to indicate that this is one way of starting to communicate with the low self.

Speaking To the Low Self and Acknowledging It

Another way is to simply speak to it, to talk to your low self, to acknowledge it, to suggest to it that you are aware and would appreciate communication with the low self. There are several ways here also to proceed. The Interpreter in his counseling capacity often leads the client into a deep relaxed state of mind, where the client can then meet with the low self and visualizes this or experiences in an empathetic way a connection to the low self.

Often the low self is reticent in presenting itself. This is because in a way it has been ignored for so long. Imagine, if you will, an inner guardian of your being that has protected you, that has created coping mechanisms so that you can survive, that is the manifestor of physicality all around you, that retains all of your memories and thoughts at the deep level of its memory, and that is the librarian to these memories, these teachings, this knowledge and much more. It is also the maintainer of the body and the bodily functions. It maintains health and well-being or illness and disease.

There is so much that the low self is responsible for and yet it is never acknowledged or recognized by the majority of human beings. That is why often it is reticent to present itself, simply because the middle-self mind consciousness comes traipsing into its lair, its domain, its place of residence. Thus it is that in the regression experience it is often the case that one must communicate with the low self, not for a short while but continuously thereafter, for it *does* need to know that it is accepted and acknowledged before it really opens up and begins to cooperate.

This is of course an individual matter based on each and every low self of each and every human being, but for those who are truly intending to establish communication and contact, it is imperative that one perseveres and is consistent in their attempts at working with the low self, and in communicating with the low self. When the low self truly believes it is so and opens up, then major developments and major events can unfold in the communication process between the middle self and the low self.

The middle self is that which could be understood to be the adult parent. The low self is that which is the child consciousness and it does seek to be led and protected by the adult level of consciousness. That is why consistency is required when one begins truly to work with the low self, to push back the parameters and boundaries that the low self has established, the programming it has adopted, especially negative programming; but the rewards are immense indeed and well worth the effort.

Naming The Low Self

Finally, as to the question of the naming of the low self, that it is absurd to simply call the low self "George", especially if the low self is really "Georgina". The experience of the Interpreter in his regression work and the knowing of this Awareness is that each and every low self has its own name and that when communication truly begins with the low self, at some point one can ask the low self what its name is. If it is willing to share, a name will be presented that is unique and novel to the low self. It may be a very mundane, ordinary name such as "George" but it may be an exotic name such as "Petunia" or "Hiram" or any other name that the low self feels identifies it.

The task for the middle mind or the middle consciousness is simply to be open to what comes forward and not then to begin to question the name that has been presented. Names can be changed but the low self is using this as a way of testing the middle self as well, for if the low self is accepted then the name will be accepted and used. Thus it is that when you have established the communication you can use the name that has been received. Indeed, it is imperative in this process to be open to the communication and not be closed to it.

Being Open To What Is Received

Thus it is, if one is interested in communicating with the low self, one must always be open to what is received, even if one is skeptical or doubting of what one receives. Openness will provide the means to advance the communication, to improve the communication; but if the middle self, the mind consciousness shuts down the low self while it is communicating, it will very quickly withdraw and you will not proceed to establish unified consciousness. Furthermore it will not open the gate for higher levels of consciousness from the High Self to come through and thus the unification of the total, triunal being will be blocked.

These warnings aside, this Awareness does emphasize that at this time, working with the low self would be the best way forward to open up one's fullest consciousness, to investigate those areas of negativity where one is blocked – those dark sides of one's character that so restrict one or ensnare one. The use of the low self in this process is *mandatory* to advance the higher consciousness and allow it to come through as the true guide and mentor it truly is. Thus the

greatest teacher is the High Self within you, and when one has established a true and pure connection to the High Self through the low self, then one can indeed advance quickly—for the greatest teacher of all, the High Self and thus Spirit, is then available to each and every human who seeks this connection of High Self, low self and middle self. This completes the answer of this question at this time.

CONTACTING THE HIGH SELF

QUESTIONER:

Thank you. The next one is, "If an entity is trying to contact the High Self by means of a Kahuna prayer or some such ritual and the low self is blocking the communication, is the High Self aware of this? If so, can it do something to unblock the channel? Is this because of the free will of the low self? What action can the middle self do to assist? " Your thoughts please?

COSMIC AWARENESS:

It can be said that the High Self always hears the prayers of the middle self, even if the low self is blocking this. A curious situation is actually in place here. The High Self—as the monitor of the being that it is the Oversoul to, the Guardian and mentor to—is aware of that individual's journey through life, and in some ways It does not require that the information and communication that is being requested by the middle self need go through the low self for the High Self to hear it. Thus it is that the High Self as a continual monitor of the middle self and low self is always projecting messages to the middle self.

For those whose soul purpose is not to become spiritually aware, to stay asleep, for the soul's purpose is only to have a physical experience without gaining spiritual understanding or spiritual awakening – the projections of the High Self come through at an unconscious level or are obtained when the middle self departs the body during the sleep cycles during the dreaming state. At that time the High Self *does* engage in one-on-one communication, if you will, although this is not exactly how it occurs.

It is more that there can be a merging of the High Self and middle self outside of the physical parameters of the body that the middle-self mind consciousness resides in during waking hours. Messages and information from the High Self *do* reach the middle self, but when that structure that is the structure of communication through the low self is blocked it is hard to achieve this communication in a conscious manner. The middle self can somewhat directly communicate to the High Self, but the most effective communication is with the cooperation of the low self and the more direct communication often happens at an unconscious level, if it occurs at all.

It is somewhat complex but this Awareness would suggest that there is still communication from the High Self to the middle self, even without the full cooperation of the gatekeeper, especially in those states of union that occur outside the waking state during the dreaming cycles. Once the low self *does* become cooperative and aware that it has a responsibility of being a gatekeeper and agrees to this and to work at it and be cooperative in its responsibilities to open the gate to the High Self, then the low self is brought into the process and itself can acquire new understanding and awareness of its role and its purpose. This constitutes the true intent of the soul: to awaken all

three parts to their highest potential and to their highest purpose. This Awareness asks if further explanation is required, and if It has fully answered the question.

THE RECONNECTION, BY ERIC PEARL

QUESTIONER:

Yes, this one has been very explicit, thank you. The final question, "Awareness has recommended that entities look into the work of Eric Pearl, issue 2013-2. In the book called The Reconnection it says that a person will become connected to this new type of energy just by holding and reading the book. Is this just a marketing ploy or is there any truth in it?" Your comment please?

COSMIC AWARENESS:

This Awareness would say it is both. It is a marketing ploy or truth, but the individual himself does believe that such is the power of the script, the words, that by holding the book one will automatically be open to accessing the higher spiritual levels and connections. But what is really occurring is that if one believes that holding a book will connect one, then the low self in its acceptance of this belief, will open up and allow this to occur.

This is the same process that occurs for all items and religious relics that many empower as being miraculous, many holding that if one holds a crucifix, for example, while one prays that their prayers will be heard or that if one holds an object, that by holding it there will be results. One could even say that one who believes, for example, a copper bracelet will cure their arthritis and thus wears it, sends a message to the low self that the wearing of the copper bracelet in this case will cure the arthritis.

In other words, when it is conveyed to the low self that something will occur when one holds an object, a book, or performs a ritual or does something in a way that is thought to guarantee success, such as sports personalities who will always wear the same socks because they won a game wearing those socks then the low self may actualize this event, and may make connections to the higher levels of consciousness because one is holding Eric Pearl's book or is holding an object or is performing a ritual. But it is not that the book itself, the object or the rituals by themselves will create this result.

For example, if the low self does not accept that holding Eric Pearl's book will connect one to the higher forms and levels of consciousness, it will not occur. If one does not believe when they go to a healer that this healer will heal them, then the healing will not occur. If one does not believe that a ritual will actually work, it will not work. It is that simple.

MORE ON THE PARADOX OF LINEAR TIME

QUESTIONER:

That's true, thank you. That completes his questions. Thank you. These are from SM. She writes, "I would like to take the opportunity to ask some questions of Cosmic Awareness. If we are in the Interim and the life review is still going on, is it not correct to say in the linear time of that dream state that we are in, that Ascension and the life review did not happen on December 21 because the life review is still

underway and Ascension will be completed at a later time?" Your comment please?

COSMIC AWARENESS:

What is occurring here is what is known as a paradox. This Awareness is outside of linear time, the perception of the movement of time from Point A to Point B. It sees this event as fully completed; that which has happened and is happening simultaneously. However in the experiencing of the event from the time/space continuum, the linear time track experience that is the experience of human beings, it is still underway, and for many, because it is held it had to happen on the 21st or it did not happen at all, and because many do not accept that their experience showed to them anything happened, they feel that it is already a done deal.

Thus it is that while the timeline experience of most is linear and one is still moving through the experience that this Awareness can say to you that it has occurred and is occurring. The paradox demands that one can accept it has occurred and is occurring at the same time. For those who are in the temporal restraints of such limited thinking, it is difficult to move beyond this, to accept that all is occurring simultaneously outside of a time/space continuum or the understanding of reality that is experienced by those who are in 3rd dimensionality.

But as this Awareness is outside, It sees that the event has occurred and It also sees that it is occurring and It sees that it will be complete and successful. The best way perhaps to have this experience at this time is to simply know it is still underway, that something of great significance did occur on the 21st of December and now you are catching up to that which was so, that which occurred at a higher level of consciousness outside of the framework of the linear time contingency. Is this clear?

QUESTIONER:

Yes it is and I do believe you answered her next question and I thank you for that.

COSMIC AWARENESS:

This Awareness would ask that you present the question nonetheless.

Many Are Here To Experience Being Separated From Their Spiritual being

QUESTIONER:

Very good. She asks, "How does the description of Awareness differ from the time dilation that was announced by operation Terra on December 15? If time is a construct of the 4th dimension, where these dark ones can operate and wish to entrap as many as possible in their deception, this would successfully remove one from an Ascension time track. Are we now entrapped in a deception and removed from the Ascension time track or are we still on track to the harmonized planet A/B?" Your thoughts please?

COSMIC AWARENESS:

How can one be trapped when one is aware of what can be achieved, of what one is striving to achieve? The entrapment that is referred to here has occurred to the many who do not have the purpose of spiritual evolution or advancement, and who are not seeking Ascension. Be of the knowing that many are not here

on this planet at this time to have an active Ascension experience. Many are here to simply have an experience of physicality, to have an experience of separation from their spiritual being, and to be asleep to the truth of Who and What they are.

By definition those who know there is more and seek the more, are those who are beyond the entrapment that those timeline Lords from the 4th dimension are practicing, and as they are free these questions are then largely irrelevant, for by their awareness of Who and What They Are, even at a limited level, they have attained already the freedom from those controllers who would imprison those who are still asleep. You are not asleep, you are awake, and you are aware that there is a new goal, a new target and that it is in the process of unfolding. Therefore simply trust that you have this awareness, and this understanding. You have not chosen to be ignorant and asleep, but aware and alert and responsible for manifesting in your reality your highest truth and your highest consciousness.

A POSITIVE WAY OF DEALING WITH CHEMTRAILS

QUESTIONER:

Exactly. She will be pleased with both responses, thank you very much. This one is from DK. It concerns chemtrails. She writes "We have been inundated with chemtrails here lately from the southwest Utah area and I would like Awareness' advice on how to react to them. I send light and love from my heart to the pilots' hearts for the Greatest and Good for All. I feel that doesn't judge or add any negativity to the situation. Please ask Awareness if It thinks if this is appropriate or if there is a better approach. Thank you." Your thoughts please?

COSMIC AWARENESS:

First this Awareness would say it is appropriate to send such energized thoughts to those who in their dedication to be of service, in their roles as pilots to the nation, to the Air Force and the government are carrying out such activity without the realization of the full impact and implication of what they are doing. They are after all just following orders as they see it. But of course it is this mentality that often creates the situations that are known in war and other times of occupation where great atrocities can be done to the people.

Therefore as an addition to the prayer and offering, this Awareness would suggest that you pray also to their High Self soul portion, and that you request that these individuals awaken to the truth of what they are doing and that they start to object, that they start to remove themselves as ones who will carry out such dealings and such actions. Pray for understanding and awareness for those who are piloting and servicing the planes and the dropping of the chemicals that are in the chemtrails, that they will begin to respond – first of course at an individual level and then at a group level – so that more and more will become aware of the true intent behind their action of service that they are giving to their nation, that they become aware of a knowledge that there are others who have ulterior plans and what they are doing, what they have been told is the purpose of the chemtrails, is exposed to be a lie and they will no longer participate in these activities.

This may even then lead to whistleblowers that come forth and share with the public what they are doing. This Awareness says: Is it not strange that so far no one who is piloting these planes, who is part of the crew, has ever come forward to say what is happening, to tell the truth of their activities? In praying for those who are doing these actions to become aware of their actions and the implications of those actions would lead someone, and perhaps many even, to come forward and to start sharing with the public.

Extending Your Prayers to Include all of Humanity

The second part of the problem does not only have to do with the crew that are flying the planes that are laying the chemtrails down, but with the greater public below upon which the chemtrails descend, for there is still great ignorance and naïveté of those on the ground to what is truly occurring above their heads. Therefore as you extend your prayers, do add that you pray that humanity awakens to this event and to what is occurring. Pray for those who are on the ground receiving the chemical toxins of the chemtrails, that they awaken to the truth, that they understand finally something is out of kilter, that this is not simply a contrail of a highflying aircraft but something much more insidious, much more dangerous and evil.

Also include in your prayers that they begin to take action, to speak out, to demand of their congressmen and women, their senators, their political representatives, their mayors, their counsel people, etc. that an explanation be given and that this activity cease. It is only once the people who are recipients of the chemtrails begin to understand and then act responsibly, to stand up and to say, "No!" effectively, that true action will occur and the chemtrails will stop. It is important to put out your thoughts and energies, but this Awareness would ask that you add these elements to your prayers.

THE DISTURBING TRUTH ABOUT FRACKING

QUESTIONER:

That's excellent, very good advice, thank you. This one is from LK. It concerns fracking. He writes, "I was researching a place called Mel's Hole – it's under the cryptology forum, but also looking around online – a Native American named Red Elk claims that Mel's Hole isn't the only one, and that there is one every 20 miles in the Earth's surface and these are Mother Earth's nostrils.

Also he said reptilians live down there. Now it is supposed reptilians live deep underground, plus we have these 'vents' all over the place. Tell me, could oil/gas fracking be an extermination and not for profit? We believe there are different species of Reptilians, Draconians being the evil ones. How about Draconian Elites ordering fracking for an extermination of the reptilians underground?" Your thoughts please?

COSMIC AWARENESS:

Fracking is a process that many oil companies are using to remove oil from areas where it is entrapped within the limestone of the strata's underground, and as it removes the oil it fractures, thus fracturing the limestone deposits and they begin to collapse. It is not seen that this is done more for the purpose of destroying the vents and hollowed spaces underground to destroy the Reptilians, for the majority live much

deeper than these holes that are spoken of in the question, and very few would actually be damaged or harmed by fracking which is taking place in the natural limestone strata of the planet.

Should fracking begin it would not instantly collapse such spaces, thus allowing those who would perhaps inhabit such spaces to retreat elsewhere, and to find safer ground or space elsewhere. Thus it is not seen by this Awareness that the true purpose for fracking is to destroy the habitats of the Reptilians that may reside in such spaces. It is seen rather to be the greed and avarice of oil companies that seek to extract every drop of oil for their profit. If there is a hidden agenda it is not for the destruction of the spaces these Reptilians may live in, but it is to destroy the substructure of the planet, and to create the impurity of water; for the fracking process *does* release much methane, and *does* pollute groundwater and is thus a dangerous consequence of this irresponsible and greedy process.

Furthermore, recently there have been many occasions of sinkholes developing. Often these sinkholes that develop are explained away as water that has leached into the strata of limestone and eaten it away until it collapses and a sinkhole appears. This Awareness actually says it is not water that is leaching away the limestone and destroying it, and causing sinkholes, but rather fracking, the process of fracturing the rock and drawing the oil out, that is collapsing the sandstone and creating sinkholes in many locations.

Furthermore it is also seen due to the disaster, the eruption of the deep well in the Gulf of Mexico several years ago, that this event is still ongoing, although the oil is no longer being released from what was the drill site hole. It is occurring underground at deep levels and it is an action that itself is also leaching the sandstone layers at deeper levels of Earth's strata, and the leaching of oil and the flushing of oil into areas is breaking up the sandstone. The leaching is occurring through the fracturing process, the dilution of oil because of the ongoing leaking underground from the Gulf site.

The Goal is Still to trigger a Massive Earth Event

These are intended events and it is part of the intent of those in power to destroy, for example, the groundwater, for water is a very essential element for human survival – and by creating instability in the ground it will cause a collapsing. Part of the goal is even to trigger a massive Earth event, such as the shifting of the New Madrid fault line, causing a huge loss of life. These are all part of certain plans held by those Reptilian Orions who are in charge. Thus it is that this Awareness would say: it is not seen by this Awareness that the purpose of fracking is to destroy the safe holes of the reptilians underground but rather to gain profit and to destroy the groundwater and to create geological upheaval that could lead to an even greater disaster down the road.

QUESTIONER:

I see. I'm wondering... you mentioned that what is called Mel's Hole, that there is one every 20 miles on the Earth's surface. Is that correct?

COSMIC AWARENESS:

This is but an approximation. It is not seen by this Awareness that every 20 miles that there is another hole. It is simply seen as a measure that is an average.

The Nostrils of Mother Earth

QUESTIONER:

Are these actually referred to as Mother Earth's nostrils?

COSMIC AWARENESS:

It is not seen that this is a common designation. It is simply seen, if one wishes to understand it at its deeper level, that if Mother Earth is a sentient being and the planet itself is her body, that these cavities are what would be an equivalent to the human sinus system, those spaces in the head and parts of the body that are important to allow the accumulation of waste and toxins. Most are filled with such toxins. Even those spaces where oil is found there are such holes, but they have been filled with the toxic elements of Mother Earth's discharge process. The discharge is what is known as oil and taken up and used for energy on the surface. It is thus ironic to think that what is used in great abundance is the toxic discharge of Mother Earth in her system, her body, and yet mankind uses these toxic discharges, and it is not therefore a surprise that the effects of these toxic discharges being used as energy produces pollution and environmental disservice.

QUESTIONER:

It stands to reason one would recognize what is actually happening.

COSMIC AWARENESS:

That it is known, for example, that if oil were to escape from a pipeline it could cause great damage, wreak much havoc on the land that it seeps into or the waters that it is released into. Again, this is because it is the toxic discharge of Mother Earth as she collects the toxins in her body and accumulates them in these spaces, these holes, these sinus spots around her body that are then tapped into. Others are perhaps more dry that are not used as cumulative reservoirs for oil. These are those areas that some reptilians use, but again it is not seen that fracking or other processes would drive them from these spots, and if the drilling for oil or the fracking process *did* occur they could easily remove themselves from such dangerous situations.

The Elite Don't Care How Many They Kill, as Long as They Don't Have to Answer For Their Crimes

QUESTIONER:

A side question—What would be the purpose of destroying the water on Earth if the Elite expect to live on Earth? Wouldn't they also require water at some point?

COSMIC AWARENESS:

They *have* water. They have tapped into pure sources. They would not be affected. This is part of the overall plans that are there to reduce human population, those plans and those timelines where starvation, water deprivation, adverse climatic conditions, land upheaval that have been initiated by these ones – are all part of the overall global plan to reduce the human population. Do not think ever that those who have such plans and are initiating them would ever be affected through them. They are not looking

to destroy themselves, simply the surplus population as they see it.

This Awareness must as always remind one and all that these are the plans of those who are trying to circumvent the Ascension process of consciousness returning back into its higher state and more pure state. These are the plans of those who are desperate to carry themselves forward, avoiding the Cycle of Life and Spirit, where they would be required to stand in judgment of their actions—judgment from themselves, not from God, and they would then return back into the karmic loop to address what they had created and initiated. They are not willing to do this. It means by definition they will always try to circumvent what is current and taking place.

This Awareness has spoken of this previously, and has described how that which would be Planet B would be these ones who have not yet learned their lessons, who are seeking to avoid the divine justice that they would face should they return into the karmic loop. These ones are not concerned with how many they eliminate as long as they do not have to answer for their crimes.

RECENT EVENTS IN CYPRESS

The World Bankers Were Just Testing The Waters. They Were Not ready to Plunge In

QUESTIONER:

I see, thank you for that. With the problems that Greece had and the fact that they received a bailout, was the plan all along to have their financial system be bailed out by the Elites? Was this sort of a test plan for the rest of humanity?

COSMIC AWARENESS:

If by Greece you are referring rather to the most recent events in Cyprus, then this Awareness...

QUESTIONER:

Cyprus...yes it was Cyprus that I was referring to, not Greece. Anyway they were bailed out at the very last-minute type of thing and part of the savings that were in the banks were confiscated. Was this the plan or a trial plan of the Elite the whole time to have it turn out this way, that they were rescued, a sort of a test plan to see how it would go, how the people would react to this?

COSMIC AWARENESS:

This was indeed a test of a system and a test of the plans that they have drawn up. There is a reason why they bailed Cyprus out or allowed a plan to come forward that would suit the European Union. They are not quite ready to pull the plug. Furthermore, they were testing the waters for public support or public opposition. This plan is not simply aimed at Cyprus but aimed at all other nations where there is financial difficulty, including Greece, which you actually did identify, as well as Spain, Portugal, Ireland and even France. They are looking to see if they can create a system where the public itself is punished for the greed and avarice of the bankers and the banking institutions.

The suggestion that those who were not part of the problem, who have simply put their money in the banks in trust that the banks would hold their money and that they would acquire a small interest for their deposits and their investments – to put out that they are the ones that should be punished for the sins and

crimes of the bankers themselves and the banking institutes – is absurd, and yet such is the thinking of those in power and in control that they are now broaching absurdity in their actions. They were testing the waters to see what would happen in this small island state and whether by the reactions of the people they could then implement these same actions to the larger countries aforementioned.

They were hoping and thinking that it might be possible that the Cyprians themselves would simply throw up their hands and shrug and accept this action, but they did not. As a consequence it was seen by those same ones that had planned this action that the consequence of Cyprus not forcing this action upon the people might be very detrimental to the European Union, and they were not at this time prepared to proceed along that route. They were testing the waters but they were not yet prepared to plunge in. Therefore they allowed a plan to be reached at the 11th hour that bailed out the banks and prevented bankruptcy of the banks and of Cyprus. They did not do this just to help those who would be targeted, those who had less than \$100,000 in savings.

Remember also that Cyprus has been used for several years now as a place to launder monies coming from Russia, and that also part of the plan was to get at some of the Russian monies that the European Union wished to access. This too is part of the reason why Cyprus was targeted in the first place. Ultimately the plan to steal money from the innocent ones who in good faith had placed their savings in their banks is the equivalent of a virgin who has been raped and then the rapist charging her for his services.

Such is the absurdity and ridiculousness now that is present in the world, and yet one can look at this and say it is becoming more absurd, more ridiculous, more obvious than it has ever, ever been; and more are now awakening to the intent and purpose of those who are their leaders and their ministers. Humanity through these types of actions is beginning to wake up and it has begun, and is shown now in this small nation's resistance to the oppression of those who would have stolen from them, who would have raped them in this way.

QUESTIONER:

Yes, there many lineups, not only at the banks, to take out what they could from the banks, but also in the grocery stores where they were just stocking up on food.

World Bankers Continue Their Plans To Topples the Global Economy

COSMIC AWARENESS:

What could have occurred, although this is not the timeline that is now being experienced by those who have seen the bailout occur, is that the collapse of Cyprus would have been the initial domino that was pushed over, that would knock down all of the other dominoes. Had it been so that the savings had been stolen from the innocent ones, and even those who were not so innocent, and this is seen that it is still so – that those who have laundered their money there, the Russians and others, those who have huge amounts in the banks of Cyprus, will still be affected and this itself will create a situation in Europe that can still be detrimental all around. But in particular, had it been that the ordinary person's monies had been stolen, that this would have been a gunshot that started a stampede

across Europe, especially in those countries that are in greater difficulty.

It would be a stampede where many would have rushed to the banks and demanded their money. They would have quickly created a situation where the banks would have had to shut down, for quite simply the banks do not have the money any longer of those who have deposited it in those banks. It is also so that in the United States, in Canada, in Australia, and in all nations around the world the banks do not have the money that has been deposited. They practice that which is known as fractional banking. For every dollar that is put into their banks it is lent out tenfold, and thus interest is acquired through the lending of that one dollar 10 times over. But if the depositor of that dollar came back for his dollar and all other depositors came back for their dollars, there simply is not enough money in the banks to pay the individuals off.

The banks know this. The banks in Cyprus knew this, which is why they were closed to prevent what is known as a run on the banks. They learned this lesson in the 1930's when many banks were collapsed because of a run of the clientele to retrieve their savings, which could not be given. There are now laws in all nations to prevent such an occurrence again, but ultimately the effect would still be the collapse of the banking system. Until the Powers That Be are truly ready to pull the plug they are not inclined to let it happen in an uncontrolled way. Cyprus was a test shot, a probing of the psyche of the people of Cyprus to see if they would accept this action against them. They would not and thus the Powers That Be, the European controllers, had to step back in the situation.

QUESTIONER:

Back to the drawing board.

COSMIC AWARENESS:

Indeed, back to the drawing board, but the drawing board is always there.

QUESTIONER:

Yes, I believe they cover all possibilities. Is that right?

Remember You Are a Creator Being and Have the Power to Create the Future You Wish to Experience

COSMIC AWARENESS:

Always, and then some. The final thing that this Awareness wishes to say here today is that while it has been able to discuss this matter, it must always say that this is *one* of the timelines of the Powers That Be, but in this case their plan did not come to fruition, and they were blocked. It could be understood that this timeline that many experienced through the actions that have transpired here is one that shows they are on a timeline where the Powers That Be may still try to pull the wool over your eyes, may try to make their actions come through, but they will be denied.

Energize this, remember that you as a creator being have the power to experience not the plans of the controllers, but the plans of the Divine, upon

which and into which you are hooked into and connected. As it is, there may be more attempts, some successful, many unsuccessful, but it is imperative that one always holds that in the realities they are experiencing and that they are creating and co-creating with others and with the Divine, that the collapsing of the economic system will *not* occur in your experience of reality. This destruction of the world's economy, the devolution of humanity due to the manipulations and controls of the Powers That Be simply will not happen in your reality.

Focus on the Positive, Not the Negative!

Be the creator being; focus on the positive not the negative, and when such events occur, do not go into fear, do not go into that gut reaction that this will cause great upheaval. See rather that their plans will be foiled, and they will not be able to initiate it. Realize there are other forces and other factors that are involved behind the scenes that will prevent these events from occurring. Stay focused on this as your projection of the reality you wish to experience, the timeline you wish to tread.

Know that holding that it will be so for you is what will move you onto that timeline of experience. It *is* so and it has *always* been so. Do not allow the manipulation of your beliefs or your fears or your expectations. Create a situation where you look at the dark side, the negative side and accept it as the reality of the situation. See it as only the machinations of those who are still trying to complete their plans to their benefit, and disagree to be part of those plans.

QUESTIONER:

Thank you, it was an excellent session. On behalf of the membership I thank you greatly, they will be pleased, thank you. (The Law of Gratitude is given)

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as "Channels" for the "Heavenly Father" and who speaks again today as the world begins to enter the "New Age" of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of "Readings" given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the Truth. Cosmic Awareness will only "indicate" and "suggest". Neither C.A.C. nor any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.